

## Exercises from Step 3

### *Key Resources to Help You Explore Different Career Options*

Now that you have a better idea of your career interests and where to get some exposure, here you will note key resources to help you further explore.

Take a few moments to think of people you trust who could be helpful in your career exploration. Write down their names. While you take notes, be sure to set dates for completing your tasks and making contacts.


Take a few moments to think of places that house resources helpful for careering. Write them down. Schedule time to check them out.


Take a few moments to think of events that could be helpful in your career exploration. Jot them down. Remember, while you take notes, set dates and times to take action.
