

## Exercises from Step 1

### *How to Begin Careering*

Take a moment to think about which subjects and hobbies interest you most. Is there a way in which you want to contribute to the community or the world? We all have unique gifts and various skills and interests. List yours below.

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Are you taking any advanced level classes (AP or honors)? Are you in any concentrated learning or vocational training program during school hours? List relevant classes below.

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Take a moment to review what you've written. Are any of the subjects related? Are there any themes? Having an idea of areas of career interests is the first step in career exploration. Research what careers could match these subjects, or areas of interest, and record your findings below.

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For those who already have a career in mind, do you need a specific degree and/or a license in your chosen career path? Is there an opportunity to specialize in a given area? For example, if you want to be a doctor, would you be a general practitioner or a heart surgeon? If you like art, what medium/materials do you prefer to work with? If you would like to serve in the military, what branch, and area within that branch, interests you?

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